



Youssef Al-Saghir, MD, FACC

Director Fleming Island Office FCCI
Board Certified
Interventional Cardiovascular Disease

PROFESSIONAL EXPERIENCE

Clinical Investigator 2007 to present
First Coast Cardiovascular Institute, PA, Jacksonville, FL

Interventional Cardiologist 2006 to present
First Coast Cardiovascular Institute, PA, Jacksonville, FL

Clinical Investigator 2007 to 2007
Jacksonville Center for Clinical Research, Jacksonville, FL

EDUCATION/TRAINING

Interventional Cardiology Fellowship 2004 to 2006
University of Utah Health Science Center, Salt Lake City, Utah

Cardiovascular Disease Fellowship 2002 to 2004
University of Utah Health Science Center, Salt Lake City, Utah

Internal Medicine Residency 2000 to 2002
University of Utah Health Science Center, Salt Lake City, Utah

Internal Medicine Internship 1999-2000
University of Utah Health Science Center, Salt Lake City, Utah

Doctor of Medicine – Degree 1995-1999
Ross University School of Medicine, Edison, New Jersey

AFFILIATIONS

Attending Interventional Cardiologist/Endovascular Specialist
Memorial Hospital Jacksonville
St. Luke's Hospital
Baptist Medical Center
Flagler Hospital, St. Augustine
Orange Park Medical Center
Specialty Hospital Jacksonville
Brooks Rehabilitation Medical Center
Baptist Medical Center Beaches
Baptist Medical Center South

PROFESSIONAL MEMBERSHIPS

American College of Cardiology
American Heart Association
Transcatheter Therapeutics Society

CERTIFICATION/LICENSURE

Licensed in Florida since 2006
Retired License in Utah
American Board of Internal Medicine, Interventional Cardiology since 2006
American Board of Internal Medicine, Cardiovascular Disease since 2005
American Board of Internal Medicine, Internal Medicine since 2002

ACADEMIC APPOINTMENTS

Chief Interventional Fellow 2005 to 2006
University of Utah Health Science Center, Salt Lake City, UT

RESEARCH ARTICLES AND PUBLICATIONS

1. McGann, Christopher, Tazelaar, Henry, Cho, Sang Rock, Al-Saghir, Youssef, et al.: "In Vivo Detection of Encapsulated Intracardiac Paraganglioma by Delayed Gadolinium Enhancement Magnetic Resonance Imaging". *Journal of Cardiovascular Magnetic Resonance*, 2005; (7):371-375
2. Bader, FM, Gelbert, EM, Kfoury, AG, Al-Saghir, Y, et al.: "Percutaneous Coronary Interventions with Stents in Cardiac Transplant Recipients. (abst) *Journal of Heart and Lung Transplant*, 2005; 24 (2S):S161
3. Metzger, C., Solis, M., Ashchi, M., Shah, R., Sachar, R., Bachinski, W., Mendelsohn, F., Hibbard, R., Schultz, G., et al.: Patients Undergoing Carotid Artery Stenting with Distal Embolic Protection: (Submitted 11/2008, *The Journal of American College of Cardiology*)
4. Massop D., Rajesh D., Metzger C., Bachinsky, W., Solis, M., Shah, R., Schultz, G., Schriber, T., Ashchi, M., Hibbard, R., et al.: Stenting and Angioplasty With Protection in Patients at High-Risk for Endarterectomy: (CCI 02, 2009: 73:129-136)

BOOK CHAPTERS

Al-Saghir, Y., Agah, R., M.D.
Vascular Biology of Atherosclerosis
Essential Concepts in Cardiovascular Intervention
Remedica Publishing 2004

EXPERIENCES

- Coronary Interventional Procedures Include:
PTCA, STENTS, IABP, ROTABLATORS, DCA, IVUS, ANGIOSCOPY, ANGIOJET, CUTTING BALLOONS, EXCIMER LASER
- Diagnostic right and left cardiac and coronary catheterization.

- Endovascular Interventions/Peripheral Vascular Interventions, PTA, Stents, Angioscopy, DCA, Rotablator, Lytic Therapy including carotid stenting.
- Aortic Valve Valvuloplasty.
- Endomyocardial Biopsy.
- Nuclear Cardiology (Level II Training).
- Noninvasive Peripheral Vascular Testing.
- Regular and Nuclear Stress Testing and Interpretation.
- ECG and Holter Monitor Interpretation.
- Pericardiocentesis and Thoracentesis.
- Exercise Stress Testing.
- Stress and Pharmacological Echocardiography.
- Temporary and Permanent Pacemaker Placement.
- Intra-aortic Balloon Pump Placement and Management.
- Transesophageal Echocardiography.
- Transthoracic Echocardiography.
- IV Conscious Sedation.
- Pulmonary Arteriography, Swan-Ganz, and CVP Insertion.
- Endotracheal Intubation.
- Advanced Trauma Life Support.
- Carotid Stenting.
- PFO Closure.
- Alcohol Septal Ablation.
- AV Fistula and Dialysis Access Management