



Your Outpatient Catheterization Guidelines

ARRIVAL TIME:

A staff member from the FCCI Heart & Vascular Lab will contact you the day before your procedure to notify you of the exact time of your procedure and to answer any questions that you may have.

The morning of your procedure you will come to the FCCI Heart & Vascular Lab located at 3900 University Blvd South in Jacksonville, FL and check in at the reception desk.

You will not be able to drive yourself home following your procedure. Please let us know if you need assistance with transportation.

EATING:

Do not eat or drink after midnight the evening prior to your procedure except for taking medications as indicated below with small sip of water unless instructed otherwise by your physician.

MEDICATIONS: Bring all your medications with you

Diabetics please hold your medication as follows:

- Diabetics **taking pills**, which include Avandamet, Glucophage or Metformin, **do not take the day of your procedure or the day after**
- Diabetics taking **insulin**, take one half of your scheduled dose the morning of your procedure

Coumadin/Warfin

- Stop taking four days prior to your procedure

Viagra or Viagra Type Medications

- Stop taking your medication for at least 24 hours prior to your procedure

BLOOD WORK:

It is necessary that you have blood work done three or four days prior to your procedure. This is non-fasting blood work and may be done at any lab that accepts your insurance. Please let the office know which lab you will be going to. If your lab work is not completed, your procedure may be canceled. This is very important.

QUESTIONS:

- Scheduling Questions please contact FCCI @ 904-493-5361
- Additional questions about your procedure please contact the FCCI Heart & Vascular Lab @ (904) 493-3333 x 201
- Further information about our Catheterization Lab can be found at:
http://www.firstcoastcardio.com/locations/cath_lab.php