

Your Renal Doppler Ultrasound Test Instructions

ARRIVAL TIME:

It is essential for you to be on time for your appointment. It is also very important for you to keep your appointment if at all possible. If you are unable to keep your appointment, please notify our office at least 24 hours in advance.

Note: If you are a new patient, you will need to arrive 15 minutes prior to your appointment time to fill out paper work.

EATING:

- It is necessary that you **do not eat or drink past midnight**. Doing so will cause your test to be rescheduled
- **Note:** You are allowed to drink a small amount of water or juice if you take your medication in the morning

CLOTHING:

- We recommend that you wear a loose **2-piece outfit**
- Please refrain from wearing dresses or tight pants

MEDICATION:

You are allowed to take any and all medications as directed by your physician.

About your Renal Ultrasound Test:

The purpose of your test is to determine if you have any blockages in your renal arteries and/or kidneys. We do this with a form of non-invasive ultrasound while you are lying in different positions. If you are unable to lie flat for an extended period of time, please inform our staff immediately as we will take certain steps to accommodate your needs.

Note: If you are unable to lie flat on your back, we may have to find some other form of testing for you to have.

You will not receive the results of your test from the technologist. You can get results from your primary care physician and/or on your follow up appointment with our cardiologists.

The entire test will take approximately 30-45 minutes.